

Preparatory card for professionals:

inviting families for an ACP conversation

Colofon

IMPACT, © 2019

Implementing Pediatric Advance Care Planning Toolkit

IMPACT is the result of a collaboration between the UMC Utrecht, the Erasmus MC and the Knowledge Center for Child Palliative Care; it was developed with the cooperation of children, parents, and professionals working in childcare and children's hospitals.

Contact: impact-studie@umcutrecht.nl

The development of this product was financed by The Netherlands Organisation for Health Research and Development.

Design: Design & producties, UMC Utrecht



Prepare the conversation

Explain the purpose of the conversation to the parents

Your child has a serious illness or condition. This is why we would like to discuss with you the best care and treatment options for your child. How do you see this care, and what are your wishes? Not just in the present, but also in the future in case your child's condition deteriorates or improves. How can we work together to provide good care for your child?

Explore whether or not the parents are open to having a conversation

Shall we make an appointment to talk about {name child}'s future and to discuss what you think is important to him/her?

Prepare the parents for the conversation

Naturally, the future is uncertain, but perhaps it can give you some peace of mind to think about what might happen. Together we can discuss how you look at the future. If we know what is important to you, we can make better decisions together about {name child}'s care.

Ask the parents if/how they would like to involve the child in the conversation

How can we involve {name child} in this conversation? One option is that {name child} participates in the initial conversation together with you. Another option is that we have a second conversation together with {name child} after the initial conversation. What do you think of these options?

Discuss who will be present during the conversation

Is there anyone else you would like to invite to the conversation? Perhaps a trusted family member or friend? Or a healthcare provider who plays an important role in your child's care?

Suggest that the parents make a separate appointment and that they reserve enough time (roughly 60 minutes)

Let's plan this conversation separately from our other appointments. We should reserve extra time for this conversation so we have adequate time to talk about what you think is important in regards to {name child}'s care.

Give the parents the information letter

In the information letter you can read more about what you can expect from the conversation.